



**Spend your summer with us.**

## Internship Programs at Allstate



GOOD WORK.  
GOOD LIFE.  
GOOD HANDS®

**Allstate**®



**Jenny Zhang**

**Rice University**

Product Operations — Quantitative  
Research & Analytics

"Allstate provides a fun and friendly environment in which to learn the technical and professional skills required for business today. I really enjoyed coming to work."



**Jaelyn Griffin**

**Bentley College**

Information Technology

"The Allstate internship has been a really great opportunity for me — from working with amazing people who make this internship really beneficial to shadowing knowledgeable employees to experiencing real hands-on work. I have received great insight into the corporate work environment."



As one of the nation's largest insurance companies, with 70,000 professionals working each day to help protect 17 million households, Allstate relies on the success of our recruiting and internship programs to find and develop career talent for the future.

### **Interested? Let's talk.**

If you're looking for a challenging and meaningful summer job, Allstate can help you apply your education to real world experiences, pay you a competitive salary, and give you the opportunity to become familiar with our business and culture. Many of our interns receive offers to return for a consecutive internship or full-time employment.

Our Home Office campus in Northbrook, Illinois offers an on-site fitness center, on-site banking and easy access to all the cultural and recreational opportunities Chicago has to offer.

You may also be eligible for:

- Subsidized transportation to begin the internship and to return home at the end of the program
- Pre-selected, subsidized housing within walking distance of restaurants, entertainment and other amenities
- Daily transportation from subsidized housing to work (if needed)
- Formal and informal networking opportunities with Allstate executives
- Team outings
- Volunteer/community service opportunities
- Work/life programs

### **We promote a culture of change.**

At Allstate, we owe much of our success to the workplace environment we've carefully created. We offer a challenging, high-performance atmosphere that encourages engagement, innovative thinking and continuous learning at all levels.

## We help take care of our own.

If your internship leads to a full-time position with Allstate, you'll get more than a competitive salary. Designed to meet the needs of our diverse workforce, our Total Rewards package also offers benefits (like medical, dental and vision coverage and retirement plans) as well as work/life programs (including paid time off and company holidays). You'll also have a place where you can grow to your potential and forge your own career path.

## Powered by inclusive diversity.

Allstate offers our employees a diverse and inclusive culture, work-life balance, a commitment to innovation and an environment where they can thrive. Here, the talents and ideas of every person are encouraged and respected. This open exchange of ideas and an appreciation of our differences help make us the highly respected industry leader we are today.

At Allstate, inclusive diversity isn't just a people issue, it's also a business issue. The power of diversity is central to our competitive innovation and continued leadership in an ever-changing world.

## Join an award-winning team.

Allstate is recognized for strong principles and the highest ethical standards, as reflected by some of the accolades we've recently received:

**America's Most Admired Companies** — *Fortune* magazine, Allstate ranked 5th in Property & Casualty industry in 2007

**Top 50 Companies for Diversity** — *DiversityInc* magazine, 7-time award winner (2001-07)/Top 25 Noteworthy (2008)

**Top 50 Companies** — *Diversity MBA* magazine (2007, 2008)

**50 Best Companies for Latinas to Work** — *LATINA Style* magazine, award winner for 10th consecutive year (1998-2008)

**Top 10 Companies for African Americans to Work** — *DiversityInc* magazine, 5-time award winner (2003-2007)

**Top 10 Companies for Executive Women** — National Association of Female Executives (2005 - 2008)

**100 Best Companies for Working Mothers** — *Working Mother* magazine (1992 - 2008)

**Best Companies for Multicultural Women** — *Working Mother* magazine (2008)

**100 Best Adoption-Friendly Workplaces** — Dave Thomas Foundation for Adoption (2007, 2008)



**Sarah Williams**

University of Illinois at Urbana-Champaign  
Scholarship Recipient — The Posse  
Foundation, Inc.

Human Resources — Talent Acquisition

"Interning at Allstate provided the opportunity to utilize my skills and talents to contribute to the greater good of the organization. I received meaningful work and played a significant role in coordinating the internship program. I wouldn't trade the experience for anything. Allstate has proven to be a wonderful company that genuinely cares about its employees."



**Trey Whiteman, Stanford University**

Allstate Financial

"When I first started, I couldn't have predicted the impact Allstate would have on my professional outlook in just 12 short weeks. My opinion and contributions were valued, respected and applied to some very important company initiatives. I'm sold on Allstate."



**Padraic Sheerin, Queens University  
Dungireen, County Derry (Ireland)**

Product Operations

“Being from Ireland, an internship in corporate America seemed daunting. But Allstate’s environment and my work within the research area let me experience the cutting edge of the insurance business.”



**Warren McElroy**

Business Analyst, Agency Distribution  
Technology

“If you’re looking for a company to call home, Allstate is the place you want to be! From the culture and diversity of its people to the experiences and career prospects, working at Allstate provides me the opportunity to develop my potential — both professionally and personally.”

### Some of our prestigious partner schools include:

Bradley University	Northwestern University
Carnegie Mellon University	Notre Dame
Chicago State University	Purdue University
DePaul University	Queens University Belfast (Ireland)
Drake University	University of Chicago
Howard University	University of Dayton
Illinois State University	University of Illinois
Indiana University	University of Miami
Miami University of Ohio	University of Pennsylvania
Northern Illinois University	University of Wisconsin



### Take the first step.

To apply for available internships, click on “Job Search” under “About Allstate.” Then select “Internships” from the drop down menu under “Job: category”.

To find out more, go to **[www.allstate.jobs](http://www.allstate.jobs)**.

